



Social Emotion Learning and Drama

A creative approach to building school and life skills

HTY is pleased to present you with this brief, creative activity to help your students exercise Social-Emotional Learning competencies.

HELPFUL OR HURTFUL

DESCRIPTION: Three students who are supposed to be friends face the challenge of how to communicate in respectful and supportive ways. How do their words and attitude matter?

GRADE LEVEL FOCUS: 2-4

SEL FOCUS: Communicating Effectively (Relationship Skills)

NHES.2.5.3 Identify how peers can influence healthy and unhealthy behaviors

NHES.4.5.1 Demonstrate effective verbal and nonverbal communication skills to enhance health

NHES.8.5.2 Encourage others to make positive health choices.

ACTIVITY: Writing

TO PREPARE:

- Preview the video before sharing it with your students to best help you introduce the activity.
- Let students know they will be encouraged to think carefully about the way the characters in the story are communicating with each other. How are they being helpful or hurtful?
- Also let students they will be asked to rewrite what the characters said to create a more helpful conversation.
- Feel free to pause the video and repeat any segments.



Three and a half minute activity