



Social Emotion Learning and Drama

A creative approach to building school and life skills

HTY is pleased to present you with this brief, creative activity to help your students exercise Social-Emotional Learning competencies.

REACTIONS

DESCRIPTION: Teaching artist Ms. Lily presents a series of situations, encouraging students to use their bodies and faces to show how they might react to each one.

AGE LEVEL FOCUS: 3-4

SEL FOCUS: Emotional Reaction (Self-Awareness)

ACTIVITY: Create frozen statues with the body

TO PREPARE:

- Preview the video before sharing it with your students to best help you introduce the activity.
- Let students know they will be encouraged to create frozen statues with their bodies. They can create the statues either sitting or standing, whatever makes them comfortable to participate.
- Feel free to pause the video and repeat any segments. Encourage them to be honest and bold with their choices and to enjoy. The more they join in, the more they will get out of the creative experience!



Two and a half minute activity