



Social Emotion Learning and Drama

A creative approach to building school and life skills

HTY is pleased to present you with this brief, creative activity to help your students exercise Social-Emotional Learning competencies.

Out of Control

DESCRIPTION: Poor Kalia! She so badly wants to share her experiences with everyone! She has such a hard time holding back her ideas and feelings. This video story asks students, how might Kalia improve her communication skills?

GRADE LEVEL FOCUS: K-3

SEL FOCUS: Interpersonal Communication

Standard 4: Interpersonal Communication Standard Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

K-2 NHES.4.2.1 Demonstrate healthy ways to express needs, wants, and feelings.

3-5 NHES.4.5.1 Demonstrate effective verbal and nonverbal communication skills to enhance health.

ACTIVITY: Students watch as the main character faces some problems in class for her behavioral choices. At video's end, the class discusses which choices got the character in trouble and what choices might help her be more successful in class.

TO PREPARE, please:

- Preview the video before sharing it with your students to best help you introduce the activity.
- Let students know they will be watching the behavior choices exhibited by the young character in the video, to decide how that character could improve their behavior.



Three minute video